

- ing the ABCDE approach;
- undertake the skills of quality CPR and defibrillation (manual and /or AED) and simple airway manoeuvres;
- utilise non-technical skills to facilitate initial leadership and effective team membership

### Course structure and programme

#### Course structure

ILS courses are held at centres throughout the UK and are approved and certified by the European Resuscitation Council. This ensures a uniformity of content and standard regardless of the centre.

The ILS course is run over one day and the course programme consists of one lecture, skill stations and cardiac arrest simulations (i.e. CASTeach).

The half-day recertification ILS course is only available to those within one year of the expiry of their European Resuscitation Council ILS provider certificate. If more than a year has elapsed since the expiry of the ILS certificate the full ILS course must be attended.

#### Assessment and Certification

Assessment is continuous and is guided by the assessment forms provided for each core skill (e.g. initial resuscitation and assessment, and airway management). Copies of the assessment forms should be forwarded to the candidate with their manual.

Successful candidates receive a European Resuscitation Council ILS provider certificate, which is valid for one year.

#### Pre-course preparation

The manual is sent to candidates two weeks before the start of the course. Candidates are expected to have prepared for the course by reading the manual. Some centres may send candidates an MCQ paper which support candidate learning.

#### Programme



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#### Immediate Life Support Course

# IMMEDIATE LIFE SUPPORT COURSE

[www.resuscitatio.org.rs](http://www.resuscitatio.org.rs)

# ABOUT EUROPEAN RESUSCITATION COUNCIL

The European Resuscitation Council is the leading scientific institution in Europe in the field of resuscitation. Every five years this institution adopts and promotes new international recommendations concerning basic and advanced life support measures for critically ill patients.

These recommendations, based on the Consensus on Science with the ERC working in cooperation with similar organisations in North America, South America, Southern Africa, Australasia and the Orient are the world standards for medical nursing and paramedic staff who deal with critically ill patients.

The Consensus on Science and the Guidelines set out the knowledge which should be acquired by: Laymen – including basic life support and defibrillation with automated defibrillators; Paramedics and medical nurses-technicians – including basic cardiac and trauma life support and application of external defibrillators; Professional rescuers doctors and nurses working in acute departments who undertake training advanced life support.

To acquire the knowledge and skills necessary to apply these recommendations and skills the European Resuscitation Council currently organises training courses, following the principles of small group hands-on teaching by encouragement, in 52 countries of Europe, North Africa and the Middle East. Successful completion of the course is rewarded by a certificate issued by the ERC that is recognised in all 52 countries. Certification is recorded at the European Resuscitation Council Headquarters and by the National Resuscitation Council. Candidates with instructor potential are identified and are offered a place in a Generic Instructor Course at a later date.

The training system means that the standards in all 52 countries are the same.

## ERC Immediate Life Support ( ILS ) Provider Course



The Serbian Resuscitation Council Immediate Life Support (ILS) course was launched in 2007. It was developed in response to a demand from healthcare professionals and lifeguards or advanced first aid providers, who may have to act as first responders and treat victim in cardiac arrest until the arrival of a cardiac arrest team.

### General information

Who is this course suitable for?

The ILS course is suitable for:

The ILS course is appropriate for the following categories of candidates:

- Doctors – Hospital
- Doctors – Community
- Medical students
- Nurses – Hospital
- Nurses – Community
- Nursing students
- Midwives
- ODPs
- Cardiac Technicians
- Occupational Therapists

- Physiotherapists
- Radiographers
- Resuscitation Training Officers
- Dentists
- Dental Nurses
- Ambulance Technicians / Paramedics

The ILS course will only rarely be appropriate for people from these professions

- Fire Service Technicians
- Police Officers
- Prison Officers
- Air Stewards

### Learning outcomes

The ILS course teaches the knowledge and skills to:

- identify the causes and promote the prevention of cardiopulmonary arrest;
- recognise and treat the deteriorating patient us-